

## Learning Styles Questionnaire (LSQ)

### Description

How you learn determines how much you pay attention to information, how well you make sense of that information, what kinds of decisions and plans you make, and what kinds of actions you take. Each human being has a learning-orientation profile that indicates which of these four ways of learning is the preferred and non-preferred way to learn. Most people have preferences for two to three learning orientations, and have at least one orientation that they would call their weakness.

### Why This Instrument and Not Another?

Peter Honey and Alan Mumford have researched the field of learning styles extensively. Based on David Kolb's work in learning styles, as well as their own practice in organizations, Honey and Mumford developed a user-friendly instrument based on how people behave at work. It's one of the best learning-style assessment instruments that we have found to date. We've had the best results with this instrument in teams, because team members gain a deeper understanding of each other by understanding how others learn. This instrument works very well when used with the **Herrmann Brain Dominance Instrument (HBDI)**.

### How To Use and Apply the LSQ?

**Custom Course:** We design a customized course that is either a half-day, one day, or two days in length. Contact us for more information.

1. **Half-Day:** General information on learning styles only; no LSQ is administered
2. **Day One:** Deeper understanding of the LSQ, with individual and team interpretations of the LSQ results
3. **Day Two:** Team profiles and direct application to work situation

**Public Course:** We conduct public sessions on learning styles once a year at the University of Alberta.

**Individual Interpretation:** You can have an individual interpretation that lasts about one to two hours. Contact us for more information.

**Team Learning Profile:** We design a customized course for teams. Contact us for more information. For example:

1. **Day One:** General learning style information, and individual interpretations of the LSQ results
2. **Day Two:** Team profile interpretation, and application of the team's understanding of team and individual profiles to solving a work problem

**Trainers, Teachers, Facilitators, Instructors:** We design customized programs to meet the specific needs of trainers, teachers, facilitators, and instructors. We add instructional design to a general understanding of the LSQ. You learn how to make lessons and training more effective by enhancing thinking and learning.

We have written a guide called **Revving Up Thinking and Learning: Course Design Guide** that explains our method in detail. The manual is full of tools and techniques for designing whole-brain learning experiences. Contact us for more information.